

SZALAI NÓRI BEMUTATJA:

L2U1

A day in a
nurse's life

Egy nap egy
ápolónő életében

Level 2 - Unit 1

Szalai Nóra
5perc Angol magazin



EBBEN A LECKÉBEN MEGTANULJUK A KÖVETKEZŐKET:



Szókincs

karrier, állások, munkahelyek, napi munkavégzés



Nyelvtan

Present Simple, Present Continuous, Past Simple



Társalgás

Beszélgetés munkáról, álláskeresés, munka bemutatása

A DAY IN A NURSE'S LIFE



Hello! My name is Amanda Summers. I'm a licensed nurse. I work at the General Paediatrics Unit of Norfolk General Hospital. We do 12 hour shifts, so sometimes I start work at 7 am and finish at 7 pm. Today, I'm doing a night shift, so, I start work at 7 pm and finish at 7 am. I'm working with Mr Jones tonight, who is a surgeon, and Mrs King, who is a registered nurse.

Last year I worked for another hospital in another city, but I was not very satisfied with my situation as I had to travel a lot to get to my workplace. So I decided to quit and apply for this position at the Norfolk General Hospital.

At the paediatrics unit we care for ill, injured or disabled children. I have a lot of tasks at the hospital. I have to clean rooms and make beds. I have to help patients with bathing, moving in bed, or standing and walking. I measure and record patients' vital signs, such as height, weight, temperature, blood pressure, and pulse. I also have to serve breakfast, lunch and dinner for patients. I provide basic patient care and treatments, such as taking temperature or blood pressure or dressing wounds. I also have to record food and fluid intake and output.



licenced nurse (LN) - nővér (nem szakápoló!)
shift - műszak
surgeon - sebész
registered nurse (RN) - szakápoló
satisfied - elégedett
to decide - elhatározni, eldönteni
to apply for - jelentkezni valamire
paediatrics unit - gyermekgyógyászati részleg
to care for - gondoskodni valakiről
injured - sérült
disabled - mozgássérült
patient - beteg
to measure - megmérni
to record - feljegyezni
vital signs - életjelek
height - magasság
weight - súly
temperature - hőmérséklet
blood pressure - vérnyomás
pulse - pulzus
to provide - lehetővé tenni, biztosítani
treatment - ellátás, kezelés
to take somebody's temperature - megmérni valakinek a hőmérsékletét
to take somebody's blood pressure - megmérni valakinek a vérnyomását
to dress a wound - bekötni egy sebet
fluid intake - folyadékbevitel



What about you?
Are you satisfied with your job?
Or you want to change your career?



JOBS AND OCCUPATIONS

There are many types of employment possibilities for adults. Finding a career you like is important because you are going to spend most of your life working. Every kind of employment requires training. For some jobs it is enough if you take a course, others require high school, college or university degrees.

WHAT DO YOU DO?

What do you do? What are your qualifications?

I work in a fast food restaurant. I don't have a degree or a certificate. I took a course at the fast food restaurant.

*Egy gyorsétteremben dolgozom. Nincs diplomám és bizonyítványom sem.
Egy tanfolyamon vettem részt a gyorsétteremben.*

degree – diploma

certificate – bizonyítvány, oklevél

to take a course – részt venni egy tanfolyamon



WHAT DO YOU DO?

What do you do? What are your qualifications?

I'm an accountant. After my GCSE (Br)/school leaving exams (US) I took part in a book-keeping course and got a certificate at the end.

Könyvelő vagyok. Az érettségi után egy könyvelő tanfolyamon vettem részt és oklevelet kaptam a végén.

GCSE exam – érettségi (Br)
school leaving exam – érettségi (US)
to take part in – részt venni valamiben
book-keeping – könyvelés
course – tanfolyam
certificate – oklevél, bizonyítvány



WHAT DO YOU DO?

What do you do? What are your qualifications?

I'm a surgeon. After leaving secondary school (Br)/high school (US) I went to university. I graduated in surgery from Cambridge University.

Sebész vagyok. A középiskola után egyetemre mentem. Sebészetből diplomáztam a Cambridge-i egyetemen.

secondary school – középiskola (Br)

high school – középiskola (US)

to graduate in – diplomázni valamiből

to graduate from – diplomázni valahol (egyetem/főiskola)



OTHER IMPORTANT WORDS AND EXPRESSIONS

to work at/in – dolgozni valahol
to work full time – teljes munkaidőben dolgozni
to work part-time – részmunkaidőben dolgozni
to work 9 to 5 – kilenctől ötig dolgozni (hivatali idő)
to work hard – keményen dolgozni
to work for ... – valakinek dolgozni
to work in shifts – műszakokban dolgozni
to take/have a day off – kivenni egy szabadnapot
to work/do overtime – túlórázni
task – feladat
duty – kötelesség, feladat
responsibility – felelősség
to be responsible for – felelősnek lenni valamiért
to be in charge of – valamivel megbízva lenni
employer – munkaadó
employee – munkavállaló
to employ – munkáltatni
salary – fizetés (havi)
wage – bér, fizetés (heti/kétheti)
to earn money – pénzt keresni



Changing jobs, finding a new career

If you are not satisfied with your situation at your workplace you should quit and find something that is more suitable for you.

What are the reasons someone wants a change in his or her career?



REASONS

- you want to work for a bigger firm
- your department is not well established
- it is far away from your home
- your company is losing customers/money
- rumours of possible closure/bankruptcy/redundancy
- bad relationship with your boss/colleagues
- you don't enjoy it any more
- high stress level that is affecting your physical and mental health
- you are unchallenged and need more responsibility
- you want to earn more



How to get prepared for a job interview?

Whether you're looking for your very first job, switching careers or re-entering the job market, finding a job is not an easy task.

Revise your resume/CV: before you start job hunting, make sure that your resume is as complete and as up-to-date as possible.

Get prepared for an introduction: When at an interview, the interviewer wants you to get relaxed, and speak about your accomplishments, why you want to work there and what your future goals are. The key is to keep it short – between 30 seconds and 2 minutes. Memorize it, but don't sound like a robot!

Make a list of work-related skills you'd like to learn: Your employer is interested in hearing about how you want to become a better employee.

Be computer literate: Most jobs require people who are computer literate and know how to operate different equipment, like fax machines, scanners, photocopiers.

Be communicative: Employers prefer to hire people who are able to express their thoughts efficiently both verbally and in written communication.

Research the company: Become familiar with the history of the company. When applying for a job, you should learn as much as you can about the company you want to work at.



CV or Resume?

First of all, do you know what the **abbreviation** CV means?

Well, these two letters **stand for** Curriculum Vitae, which is a Latin word and has the meaning „a short written document that lists your education and **previous** jobs, which you send to employers when you are looking for a job”. When sending a CV always **enclose** a cover letter (Br)/covering letter (US), which needs **to convince** the employer that you are a serious **candidate** for the job. Many employers **require applicants to fill in application forms** (often available online), too.

The main differences between a resume and a curriculum vitae (CV) are the **length**, what is **included** and what each is used for. A resume is a one or two page **summary** of your **skills, experience** and education. While a resume is **brief** - no more than a page or two – a curriculum vitae is a longer (at least two page) and more **detailed** synopsis. A curriculum vitae includes a summary of your educational and academic backgrounds as well as teaching and research experience, publications, presentations, **awards, honors, affiliations** and other details. In Europe, the Middle East, Africa, or Asia, employers may expect to receive a curriculum vitae. In the United States, a curriculum vitae is used primarily when applying for academic, education, scientific or research positions.

